

Sneak Attack

Team Work is the KEY!!!

The Same team usually never wins
twice in a row.

Grade Levels: 3rd-12th

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By: Coach Stone

Purpose/Objective:

To encourage cooperation and use of offensive and defensive strategies. To win the game as a team.

Equipment Needed: Each team has a different color Hula Hoop as their base [Depends on how many teams you have.] Always have 1-2 more items than the number of teams. (Example if you have 5 teams have 7 different items) # medium sized gator-skin balls, # tennis balls, # carpet squares, # jump ropes, # pennies, # bean bags, # cones, and other physical education items. (Other equipment can be used as long as you have the same number of the same kind.)

Play Area: Gymnasium

Note: Easier to be inside to play the game than outside. Also, I would play the game from the sideline to sideline of the basketball lines of the gymnasium

Equipment Base 1				Team A & Hula Hoop Base
Equipment Base 2				
Equipment Base 3				Team B & Hula Hoop Base
Equipment Base 4				Team C & Hula Hoop Base
Equipment Base 5				Team D & Hula Hoop Base
Equipment Base 6				
Equipment Base 7				Team E & Hula Hoop Base

Description of Game: After the teams have been numbered off or picked have them sit in a straight line behind their colored base hula hoop. The first person in each line stands behind their base hula hoop and waits for the whistle to blow before they go collect the item from the other side or “sneak” an item from another team’s base. Once the person returns to their base with an item they tag the next person to go and then sit at the back of the line. They keep doing this until the same item from each hula hoop has been collected. Once that happens the whole team yells, “SNEAK ATTACK” and the teacher blows the whistle to pause the game to count how many of the same items have been collected. While the game is paused everyone freezes in place and holds on to the item they have collected while the teacher reviews the base. If that team has all the items accounted for the game is over, but if they don’t have enough items the whole team is disqualified along with all the items they have collected in their base and the game goes on after the whistle is blown.

HINT: After the first game I tell the students that they might want to strategize as a team as to what item they want to pick. I wait until this point to share with the class to see if they do it on their own the first time around.

Safety Note: Before you start the game you need to remind students that they better have their head on a swivel. Before they take off from their base they need to be more aware of their surroundings or they will run into each other. Also, you can make the rule that no one can run in between teams or behind only in the front of the teams. Plus, I would recommend if they are not running the other teammates must sit down and wait their turn.

Teaching Suggestion: Adaptations for Students with Disabilities: You can make it a walking game, or use any other locomotor movement.

Assessment: Observe to see that students are using both offensive and defensive strategies in order to gain all of their types of equipment (vs. just offensive strategies.) Observe the communication which is going on between teams; use this as a means to discuss cooperation and how a team needs to work together in a positive way. If you need to help them with a strategy the first game should go really fast after that games will take a lot longer. (Longest game was 35 minutes with no winner & the shortest game was won because a team just grabbed all of one item and won right away!)

Thank You & I hope you and all your physical education students enjoy My Game of Sneak Attack and remember it's "borrowing not stealing" tell the students.

Please email me if you
have any questions:

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