





VOL.7

Developed with Erin Washkuhn 2011 NASPE Elementary Teacher of the Year, Midwest District Grades K-12

Objectives

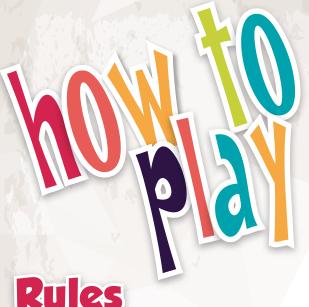
Students will...

- Improve throwing, rolling, and catching skills
- · Continue positive interaction and teamwork skills
- Partake in a fun cardiovascular activity



Object of the Game

Knock down the opposing team's bowling pins by either rolling or throwing the ball into the pins behind the goal line. Each team will get the ball to the other side by making good throws to their team members.



- No moving with the ball unless the player is a goalie. Moving with the ball is a turnover.
- No knocking the ball out of the hands of another player.
- · No kicking the ball.
- Once a player throws at a pin, they must move back across the center line before they can throw at the target again.
- No pushing the ball with your hands or a ball held in your hands.

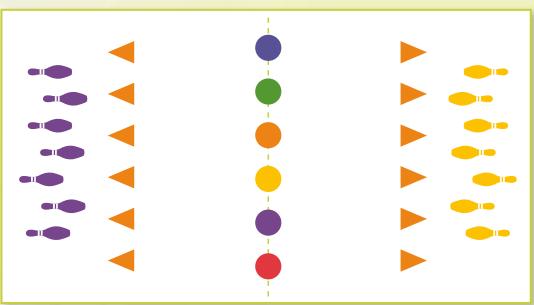


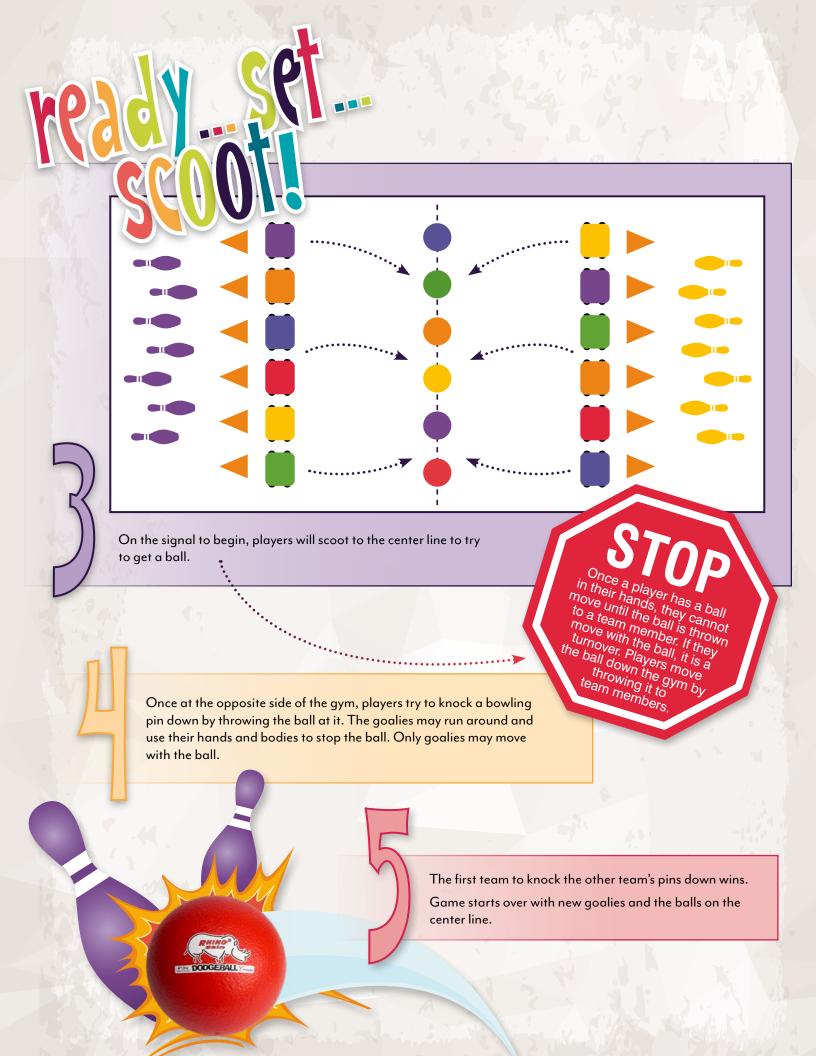
Floor Arrangement

Place 6 balls on the center line.

Place cones in a straight line on gym ends to represent the goal lines (6 cones per side).

Arrange bowling pins behind the cones in the goal lines (7 per side). Pins should be far enough away from the cones that players can only knock the pins down by throwing the ball at them.







14 foam bowling pins — **PE08670-PE08675** (sets of 10)

20-30 Connect-A-Scooters® — PE03519 (set of 6, 12") or Cat. No. PE03520 (set of 6, 16")

20-30 Sleeve-IT arm pinnies — **PE07537-PE07541**

12 Poly Cones - **PE01368** (12" H)

6 RHINOskin® Dodgeballs – PE04237 (set of 6 "Soft Play" colors, 6" dia.)



Phone: 1.800.558.9595

education Online: NascoEducation.com

Lesson Plans are developed with teachers with no claim of original authorship.