

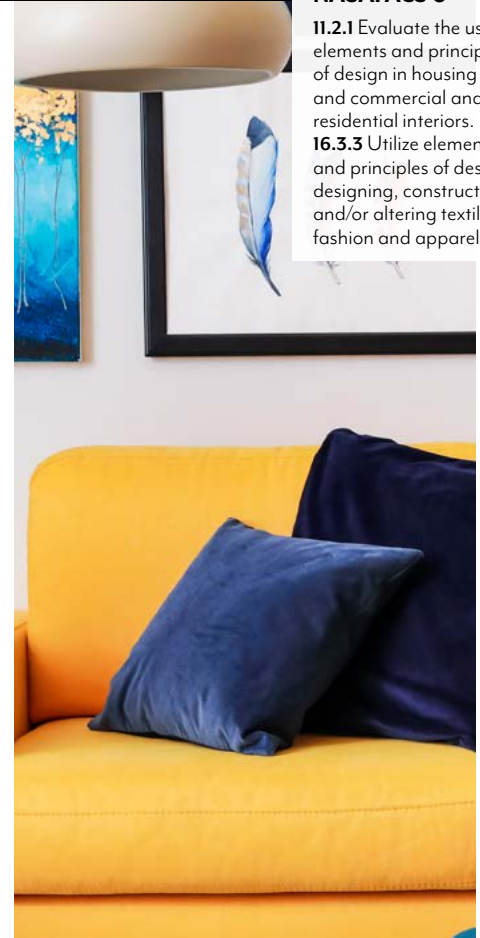
## ELEMENTS AND PRINCIPLES OF DESIGN

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Volume 43  
Middle & High School

### NASAFACS 8

**11.2.1** Evaluate the use of elements and principles of design in housing and commercial interiors.  
**16.3.3** Utilize elements and principles of design in designing, constructing, and/or altering textiles, fashion and apparel.



#### Time Required

Lesson includes 5 45-minute sessions  
or 2.5 80-minute sessions.

#### Objective

Students will utilize the elements and principles of design to create garments and interior designs that are aesthetically pleasing.





# Activities and Procedures

## Prior to Lesson

View DVDs if desired, print and hand out the activity pages in the Elements and Principles of Design Teaching Kit.

## Focus Question: What Makes a Design?

Lead the group in a discussion about what they believe makes a design. Post an image of a design and discuss what the students believe are the key parts of it. Conclude the discussion with students finding what they consider “good design” images from fashion and/or home decor magazines.

## Step 1: Overview

Begin the lesson with a broad overview of the Elements and Principles of Design. Explain how every design is composed of both Elements and Principles in its composition.

Elements are literally the components of the design:

1. Color
2. Line
3. Shape
4. Texture

Principles are the BIG overlying ideas or rules:

1. Rhythm
2. Emphasis
3. Scale/Proportion
4. Harmony
5. Balance

We are going to examine each element separately before moving on to the principles.



## COLOR

**Color** is produced by the way an object reflects or emits light.



## TEXTURE

**Texture** refers to the way something feels – or the way it looks like it would feel.



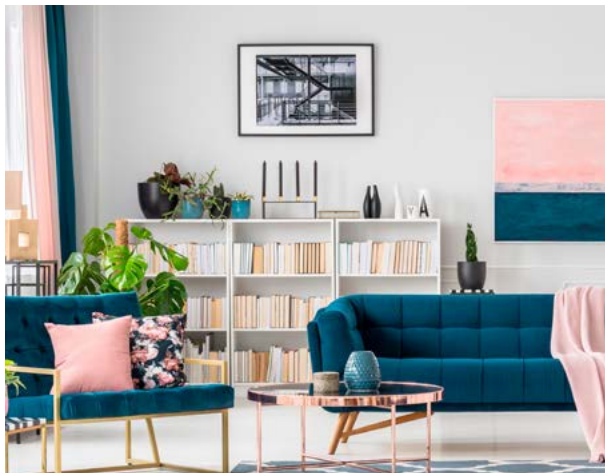
## PROPORTION/SCALE

**Proportion** is the size relationship between the various parts of a design. Designers use **scale** to create drama, depth, and disorientation.



## LINE

A **line** is a path of a point moving through space.



## RHYTHM

**Rhythm** refers to the movement or action which is achieved through repetition of a variety of elements.



## HARMONY

**Harmony** is the pleasing combination of elements to create a unified composition through repetition, simplicity, contrast, proximity, and continuity.



## SHAPE

A **shape** is an enclosed area of space created through lines or other elements of the design. **Shapes** can be geometric or organic.



## EMPHASIS

**Emphasis** refers to the area of the design that dominates attention or draws interest. Designers create **emphasis** by contrasting the elements of design such as color, shape, or scale.



## BALANCE

**Balance** refers to the distribution of visual weight in a design. Each part of the design works with other parts of the design to appear equal and harmonious in balance.

## Step 2: Examine Each Element

- The first and most apparent element is **COLOR**.
- Define the word **COLOR**: Students will write the definition on the handout.
- Direct students to look at the color wheel.
- Describe the differences between cool and warm colors. Ask students to raise their images if they believe their color is cool. Ask clarifying questions.
- Define the term **VALUE**: The lightness or darkness of a color.
- Direct students to look at the design they have chosen in the magazine. Ask students to write a description on a sticky note using the terminology just learned of the color in their chosen design image.
- Use the supplies in the kit to have each student express color on their hand out in the designated **COLOR** block.
- Encourage creativity when expressing themselves, but help them to focus on just this specific element.

When the color block is complete, move on to the next element. Repeat this same procedure with each of the elements of Line, Texture, and Shape.

## Step 3: Examine Each Principle

When all elements have been defined, described and annotated on sticky notes, and expressed on the handout in the designated block, move on to repeat the procedure with each of the Principles.

Note: Principles can be accomplished with any and all of the elements in combination. Show examples of the following concepts, using designs that depict single vs. multiple and/or repeated elements.

- Proportion/Scale
- Rhythm
- Balance
- Emphasis
- Harmony

## Step 4: Students Create Their Own Design

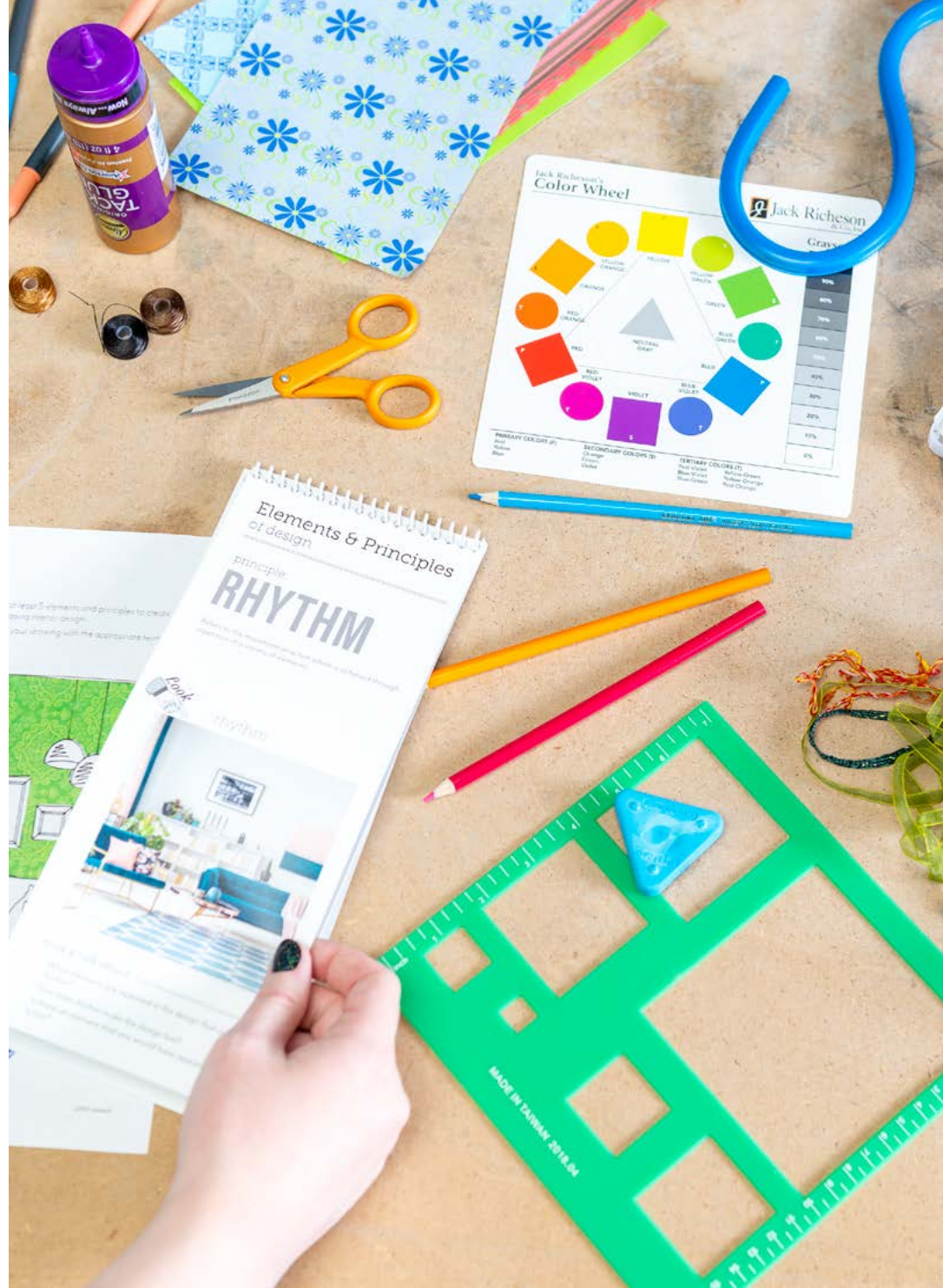
After completing the “expressions” for each of the Elements and Principles, creatively combine them to create either a fashion or interior design, labeling each element and principle used.

When the exercise is complete, allow students to display and discuss their designs and include information about the particular elements and principles that were used, and what the effects of those particular elements and principles on the design.

## Assessment

Use the rubric to assess student understanding.





#### Materials List

- Elements and Principles of Design Teaching Kit — WA35586
- Fashion and home decor magazines
- Sticky notes
- Fabric scraps and embellishment snips from your sewing room
- Supplemental Materials: *Design 1 – The Elements* DVD (WA26258), *Design 2 – The Principles* DVD (WA26259); allow additional time for viewing.

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# Elements & Principles of design

Use at least 5 elements and principles to create a pleasing interior design.

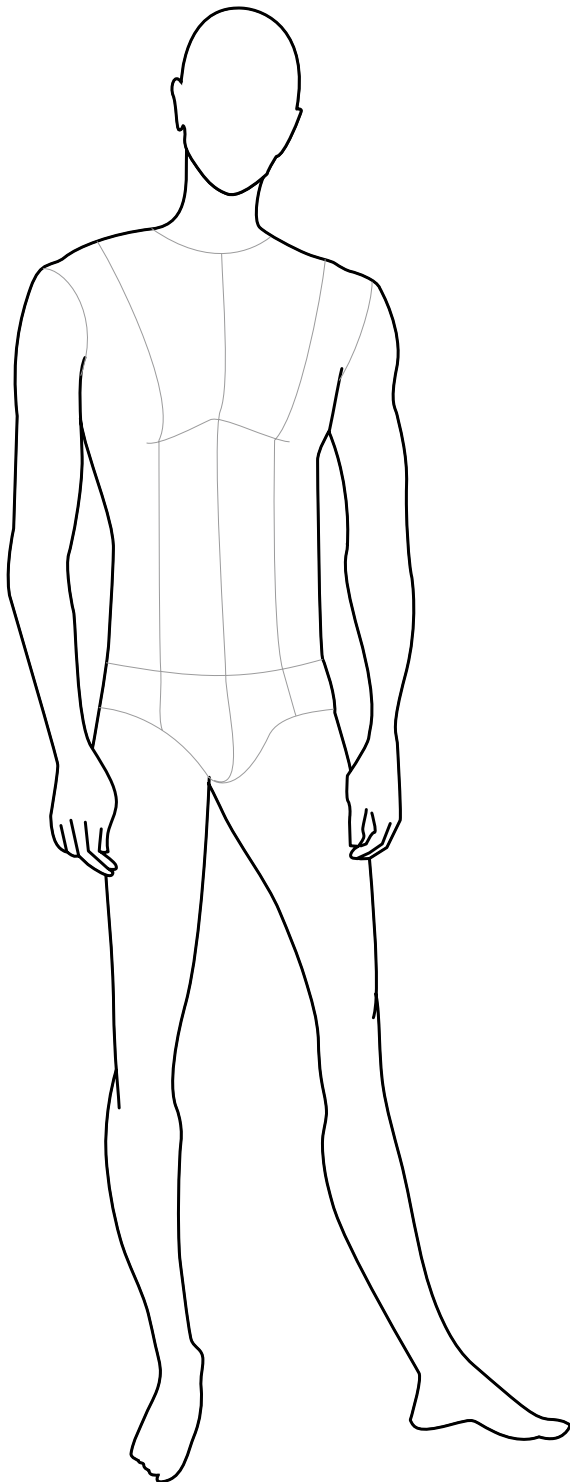
Label your drawing with the appropriate terms.



# Elements & Principles of design

Use at least 5 elements and principles to create pleasing garment designs.

Label your drawing with the appropriate terms.



# Elements

definition of  
line:

definition of  
texture:

definition of  
shape:

definition of  
color:

TINT
WHITE
PURE COLOR
BLACK
SHADE

# Principles

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definition of  
rhythm:

definition of  
emphasis:

definition of  
balance:

definition of  
scale:

definition of  
harmony:

Use and label 3 or more elements  
to create a harmonious design.

# Elements and Principles of Design Activity Rubric

	<b>Proficient</b> <i>11 Points</i>	<b>Emerging</b> <i>8 Points</i>	<b>Beginning</b> <i>6 Points</i>
<b>Element – Line</b>	The designer expresses the element of Line with proficiency by using a number of different line types with variety in size, shape, length, and width. Lines are labeled accurately.	The designer expresses an emerging knowledge of the element of Line. Lines are present but show a limited variety of examples.	The designer expresses beginning knowledge of the element of Line.
<b>Element – Shape</b>	The designer expresses the element of Shape with proficiency by using a number of different shapes with variations in size, shape, and position. Shapes are labeled correctly.	The designer expresses an emerging knowledge of the element of Shape. Shape is present, but show a limited variety of examples.	The designer expresses beginning knowledge of the element of Shape.
<b>Element – Texture</b>	The designer expresses the element of Texture with proficiency by using a variety of different textures varying from smooth to fluffy. Textures are labeled accurately.	The designer expresses an emerging knowledge of the element of Texture. Texture is evident but shown in a variety a limited variety of examples.	The designer expresses beginning knowledge of the element of Texture.
<b>Element – Color</b>	The designer expresses the element of Color with proficiency by using a variety of colors in different shades and tones. Colors are correctly labeled to specify warm or cool tones, as well as possible color scheme ideas.	The designer expresses an emerging knowledge of the element of color. Color is expressed with a limited number of examples.	The designer expresses beginning knowledge of the element of Color.
<b>Principle – Balance</b>	The designer expresses the principle of Balance with proficiency by using a variety of elements to create either formal or informal balance. Elements are labeled accurately.	The designer expresses an emerging knowledge of the principle of Balance. Balance is loosely expressed but could improve with a few adjustments.	The designer expresses beginning knowledge of the principle of Balance.
<b>Principle – Rhythm</b>	The designer expresses the principle of Rhythm with proficiency by using numerous elements to create repetition in the design. Elements are labeled correctly.	The designer expresses an emerging knowledge of the principle of rhythm. Rhythm is loosely represented but could improve with a few adjustments.	The designer expresses beginning knowledge of the principle of Rhythm
<b>Principle – Proportion/Scale</b>	The designer expresses the principle of Proportion/Scale with proficiency by using a variety of elements to create proportion/scale in their design. Elements are labeled properly.	The designer expresses an emerging knowledge of the principle of Proportion/Scale. Proportion/Scale is loosely represented and could improve with a few adjustments.	The designer expresses beginning knowledge of the principle of Proportion/Scale.
<b>Principle – Emphasis</b>	The designer expresses the principle of Emphasis with proficiency by creating clear and concise visual focal point in their design. Elements are labeled correctly.	The designer expresses an emerging knowledge of the principle of Emphasis. Emphasis is loosely represented and could improve with a few adjustments.	The designer expresses beginning knowledge of the principle of Emphasis.
<b>Principle – Harmony</b>	The designer expresses the principle of Harmony with proficiency by merging a number of elements in order to create a design that feels harmonious. Elements are accurately labeled.	The designer expresses an emerging knowledge of the principle of Harmony. Harmony is loosely represented and could improve with a few adjustments.	The designer expresses beginning knowledge of the principle of Harmony.