

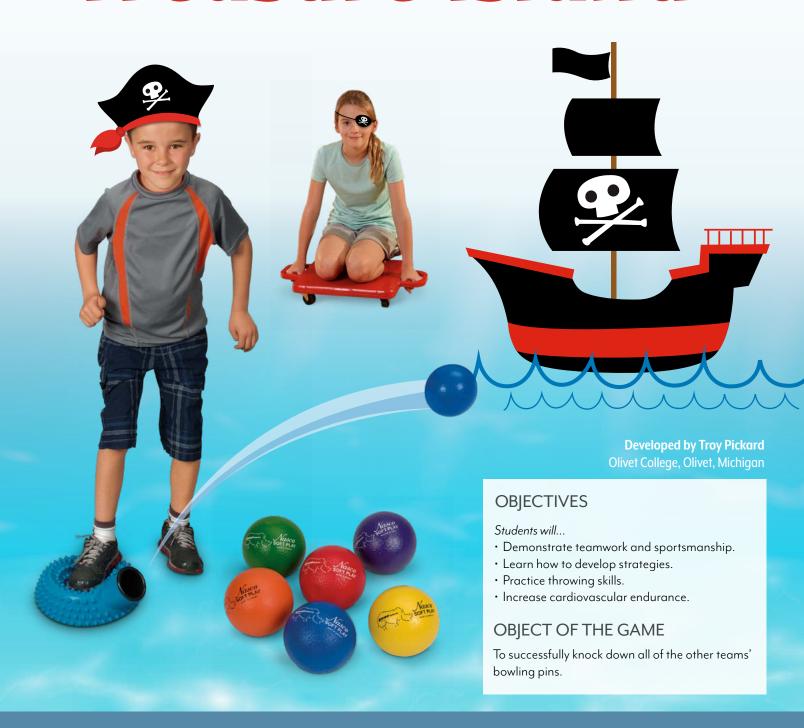






VOL. 11

Treasure Island



Ground Rules

- Pirates may only bring 1 ball or person back to their ship at a time.
- Players on the ship are not allowed to bodyguard their pins.
- If a bowling pin is knocked over in any way (including by someone on the ship accidentally knocking it over), the pin must remain knocked over and cannot be set back up.







one

Divide the class into teams of 4 or 5 and give each team 1 foam mat, 1 cannon launcher, 2 scooters, and 4 bowling pins.



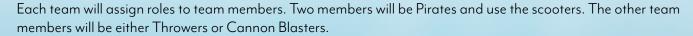




Throwers



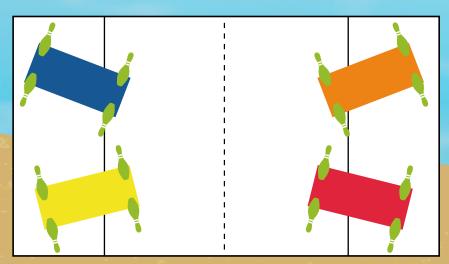
Cannon Blasters





two

Each team will take their mat and place it anywhere in the gym that is inside the line of the basketball floor. The 4 bowling pins should be placed on the corners of the mats. The mats will serve as ships.



Each ship (mat) will start with 4 small cannon balls (use the ones included with the cannon launchers) and 6 large RHINOskin® balls.







Cannon Blasters will use the cannon launchers to shoot the smaller balls to try to hit the Pirates or people on the other ships.



Pirates will use the scooters to go around the gym and retrieve any of the large and small balls not currently on a ship. Pirates will bring these balls back to their own ship.

*Pirates may bring back balls of any color, but they may only bring <u>1 ball back at a time</u>.





If all of a team's bowling pins are knocked over, their ship has sunk, and all team members must sit where they are. This includes the Pirates. If a person gets hit by a cannon ball, they must go outside of the lines and complete 20 good pushups and 20 good sit-ups before returning to their team.



Pirates from the other teams may also retrieve the people from a sunken ship and bring them back to their own ship. When a person from a sunken ship has been brought back to another ship, the person will join that team and continue to do the same job they did for their original team.









SEL POWER-UP REFLECTION

Suggested questions for an SEL-focused discussion after the game.

GROUP REFLECTION:

- 1. Did your group come up with a strategy for defense and offense?
- 2. How did it feel when you knocked down a pin? Or when your pin fell?
- 3. What do those feelings tell us about the other group's playing?
- 4. Can you think of any examples in your daily life or in the world that might be similar to this game?
- 5. Was teamwork important? Why or why not?
- 6. Can you identify a moment when your team did not make a responsible decision while playing?
- 7. Did you have disagreements with your team? If so, at what points and why?
- 8. How did you resolve any disagreements or issues that arose?
- 9. What role did communication play in the game?

SELF-REFLECTION:

- 1. Which of your strengths helped the team?
- Which of your weaknesses can you target to improve as a team player?
- 3. Did I do my best to be a team player?



Lesson Plans are developed with teachers with no claim of original authorship.



Phone: 1.800.558.9595 Online: NascoEducation.com